

Todd Ouida Children's Foundation

591 Clarendon Court, River Edge, NJ 07661

www.mybuddytodd.org

Our Mission

The Todd Ouida Children's Foundation was established by Todd's family to create a meaningful legacy for Todd, whose life was tragically ended in the September 11th terrorist attack on the World Trade Center. Born out of Todd's own successful struggle with childhood anxiety, the mission of the foundation is: To financially support psychological services and other mental health initiatives for children of families in need

To raise awareness and reduce the stigma of anxiety and depression disorders in children, recognizing the need for early intervention

To provide contact information for those seeking help.

Anxiety and depression are often undiagnosed and untreated in children. Mild problems can escalate and lead to damage that cannot be undone. We are grateful to have you as our partners in providing help and hope to vulnerable children. And we thank you for keeping Todd's memory alive through each and every one of them.

Herb and Andrea Ouida Amy, Alex, Ashley, Andrew and Aidan Morik Jordan, Heather, Christopher and Nicholas Ouida

Zíppy's Friends



We are very proud that our foundation has been instrumental in bringing Zippy's Friends, an international school-based program that helps six- and seven-year-old children develop coping skills, to the United States. Originated in the

United Kingdom, Zippy's Friends already has over 25,000 children enrolled in ten countries.



Chris Bale, from the UK, third from right, rear, with teacher training group.

Children are taught to identify and talk about their

feelings, say what they want to say, listen attentively, ask for help, make and keep friends, deal with loneliness and rejection, cope with bullying, resolve conflicts, deal with change and loss, adapt to new situations and help others. The program improves how children relate to other children and teachers as well as how they cope with problems in their daily lives. There is also evidence to show that children learn better when they feel better about themselves and each other.

To date, teachers from four New Jersey schools (in Paramus, Paterson, River Edge and Wayne) have been trained and have introduced Zippy in their classrooms. (Zippy is a stick insect and his friends are a group of girls and boys.) The goal is to use these four schools as the model for introducing Zippy to a wide spectrum of schools in the United States.



Fifth Annual Birthday Event Todd's Day at the Stadium • June 17, 2006

That's right! We celebrated Todd's 30th birthday at Yankee Stadium. The Yankees were away, and in addition to our usual family fun and fundraising, this special day included a barbeque in Monument Park, face painting and bucket hat decorating for children, baseball fun for all ages, and stadium tours for every guest. One lucky raffle winner walked away with Todd's very own New York Yankees Saturday subscription for two. This spectacular day created unforgettable memories for 600 attendees – all to better the lives of children in Todd's honor.

You're Invited! Sixth Annual Birthday Event • May 17, 2007

See the enclosed invitation for this year's event to be celebrated in New York City. Todd's friends and family will gather at Crash Mansion to get down to the music of New Jersey's very popular cover band, The Nerds. The evening (adults only this year) will include fabulous dance and sing-along music, an open bar, light hors d'oeuvres, and a surprise raffle. See you there!



Creative Contributions

In celebration of a "milestone" birthday, Celia Mendelsohn requested that donations be made to Todd's foundation in lieu of gifts.

A memorial donation was made by Susan and Jeff Sawyer in honor of Laurene Saccente, grandmother of Tommy Puzo, a football teammate of Todd's.

Eleanor Fleischman used a bequest from her beloved sister Sally, who loved children, to generously support the work of Todd's foundation.

Due to the efforts of our committee volunteer Meghan Murray, the Morgan Stanley Foundation donated \$4,000 to the foundation this year.

When Todd's childhood friend Megan McCarthy married Doug Lippin, they made a generous contribution to Todd's founda-



tion in honor of their guests.

In lieu of wedding favors, Todd's friend Alesha Beshara and Jordan's friend Hannan Allen made a generous donation to the foundation.



In lieu of payment for their time share in Cabo San Lucas, Andy and Corrinne Schwanewede requested that a donation be made to Todd's foundation.

Through the efforts of Michele Puentes, Todd's foundation was the recipient of coins from the fountain at the Garden State Plaza Mall.

Rov Wandelmaier was instrumental in having Scholastic Books send a large donation of children's materials to Reach Out and Read, which serves poverty-stricken children receiving medical care at New York Presbyterian Hospital.

Karen and Gary Rancourt continue to make monthly contributions as part of an IBM Community Outreach program.

The children of Temple Emanu-El Religious School once again sent a generous contribution from their Keren Ami donations.

Clinical Scholar Award and Opening of Depression Center Building at University of Michigan



Our annual fall visit to Michigan was extra special last year. On October 18, the 2006 Todd Ouida Clinical Scholar Award was presented to Dr. Richard Dopp for his pilot study on the effectiveness of physical activity and exercise in the treatment of depressive illnesses in adolescents. All former recipients were present and provided updates on their research. On October 19, we were delighted to attend the gala opening of the spectacular new Depression Center building, where more than 135 depression and bipolar experts from more than ten of Michigan's schools and institutes collaborate in new studies, clinical treatments, evidence-based education and public policy initiatives. Herbert Ouida is honored to have been appointed to serve on the National Advisory Board of the U-M Comprehensive Depression Center.



Left: Depression Center inaugural dinner. Below: Richard Dopp, right, with former recipients of Clinical Scholar Award.



Community Leadership Award

Herb and Andrea Ouida were awarded the Children's Aid and Family Services 2006 Community Leadership Award in recognition of the leadership, advocacy, and support given through the work of the Todd Ouida Children's Foundation.

Charities Supported ... Association of Child Psychoanalysis -Bergen County Summer Campership Fund
Brooke Jackman Foundation for Literacy Camp Haze Center for Food Action Children's Aid and Family Services Children's Aid Society Community FoodBank of New Jersey-Kids Division Eva's Village Family Shelter
Fresh Air Fund
Healthy Families Bergen County
Heifer International Kids 2 Kids
Holley Child Care and Development Center
Institute for Infant and Preschool Mental Health
■ Interreligious Fellowship for the Homeless Juvenile Bipolar Research Foundation
New York Psychoanalytic Institute Richmond Art Center
U.S. Fund for UNICEF University of Michigan Depression Center • West Bergen Mental Healthcare

A Personal Note

Due to family health problems, many of your very kind and generous donations have not been acknowledged with personal notes. Please be assured that every gift is deeply appreciated and the work of the foundation continues to be very vibrant. We are grateful for your year-round contributions through mybuddytodd.org or checks mailed to the Todd Ouida Children's Foundation, 591 Clarendon Court, River Edge, NJ 07661.

Please contact us by mail or e-mail if you would like your name removed from our mailing list.
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